



# REGION 5 NBA REPORT

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National Business Agent's Report

NALC Region 5

As I write this month's NBA article, we have just concluded the Region 5 Rap Session. My staff and I have discussed the good and the bad of the event and have gone over your responses to the exit survey. There were a number of great suggestions that we will consider for next year's event. There are also suggestions that are difficult or impossible to implement even though we agree with them. As always, our goal in the Region 5 office is to provide training to all participants whether they are seasoned veterans or just getting started as a union activist. It is just as important to continue to provide basic steward training as it is advanced training for the health of our great union. As stated in the presidents meeting and at the Rap Session, we need your input on what kind of training you would like to see and on what subjects so that we can develop those training modules to help you learn and better serve the membership. We will continue to accept your suggestions so that we can make the Region 5 Rap Session the best training it can be.

To all of the instructors, volunteers and participants that made the Region 5 Rap Session a huge success, I would like to thank you. Without all of your collective efforts the event would certainly not have been as big of a success that it was. Thank You!!

## **New NALC Initiatives**

The NALC has some new initiatives that will be getting underway soon. The first is a **Women's Mentoring Program**. This program was created to help ensure that women who wish to take on leadership roles at the branch, state, regional and national levels of the NALC have mentors that can help current and future leaders in that endeavor. These mentors will help other women realize their potential and help steer them in the right direction in the NALC leadership positions.

**eLearning Platform-** The NALC is committed to creating virtual training for all activists. Although this training is not intended to replace in-person learning it is meant to supplement it and give union activists who want to increase their knowledge an opportunity to do so.

**Emergency Response Support Program-** This initiative is designed to assist members affected by a traumatic event on or off the job. Whether that is being the victim of a crime, assault at work or witnessing traumatic events outside of work like shootings, natural disasters or other life altering events. Individuals selected for this program will be trained in March on how to best show support and assistance for NALC members who have suffered a traumatic event. This is the first phase in this program and will eventually include suicide prevention, substance abuse and mental health. The goal is to provide members with the assistance needed to get someone the initial help they need rather than to replace medical or professional help.

**Standing Committee on Diversity and Inclusion-** The NALC will form a standing committee on diversity and inclusion. The committee's main goal is to improve access and make it as easy as possible for people from all walks of life to get involved with the NALC and to strengthen our union through that diversity.

### **NALC ACTIVIST-**

The NALC Activist is back in print. The 2024 Winter Edition is out and loaded with helpful information to assist all union activists better represent their members and enforce the National Agreement.

The 2024 Winter episode contains articles on LMOU Negotiations, Stewards Right to Information, Union Bulletin Boards, OWCP Compensation (OWCP Related Grievances), Leadership skills, Health Benefits Representatives, Mutual Benefits Association Representatives, MDA Fundraising and a Stewards Corner.

### **Region 5 Training-**

In the near future, we will be announcing our schedule for Steward University training across the region.

Branch Presidents should pay attention to their email for notification of the time and place these trainings will be held.

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