

## ***Iowa State Association of Letter Carriers***



### ***President's Report***

October 2025

Hello Brothers and Sisters,

The Iowa State Association of Letter Carriers (ISALC) recently held its annual fall training conference, bringing together union leaders, stewards, and members from across the state to enhance their knowledge and leadership skills. The University of Iowa Labor Center Director Paul Iverson gave a presentation about Civil Rights history and the dangers of extreme temperatures. Region 5 NBA Dave Teegarden, RAA Larissa Parde and RGA Kyle Turner gave presentations on the changes of Article 8, Article 21 limited duty job offers and return to work and timeliness and information & steward time request training. Br 512's Jen Anderson gave a presentation on the NALC Emergency Response Team and Branch 373's Ben Kayser who is currently attending Leadership School gave a presentation on the recent NALC History. I want to thank everyone who was an instructor and I also want to thank all the branches and members for their amazing support of this training because without our union members' support this could not be the success that it is.

Beyond the training sessions, the event fostered a strong sense of unity and shared purpose among attendees. Networking opportunities allowed carriers to exchange ideas, discuss challenges, and celebrate their shared commitment to improving working conditions for all postal employees. The conference reaffirmed the ISALC's dedication to education and empowerment, reminding members that a well-informed and united workforce remains the foundation of a strong and successful union.

Spring training has been scheduled for May 3rd-May 5th of 2026 in the same location, the Holiday Inn in Coralville Iowa. I would also encourage everyone to reach out to me (319-210-8770) if there are any specific training topics you would like to see at the spring conference. I once again would like to thank the University of Iowa Labor Center, the Region 5 NBA's office, the ISALC Executive Board and all the Union members across the great state of Iowa whom without you what we do could not be a success without everyone's hard work I greatly appreciate each and every one of you.

In Solidarity,

Tomas L. Rentz  
ISALC State President  
Iowa State Association of Letter Carriers, AFL-CIO  
[www.iowalettercarriers.org](http://www.iowalettercarriers.org)